



ST. HUGH'S NEWS & VIEWS

280 E Wheelwright / P. O. Box 156
Allyn, WA 98524-0156

April, 2010
Phone: 360-275-8450 Email: sthugh@qwestoffice.net
Web Page: www.sthughchurch.org

Episcopalians Care for Creation



God said, "See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps upon the earth, everything that has the breath of life, I have given every green plant for food." And it was so. God saw everything that he had made, and indeed, it was very good.

Genesis 1:29-31

In April, as the glorious season of spring pushes aside the gray veil of winter, the whole earth seems to celebrate Easter and the Resurrection along with us. Our Easter Vigil liturgy reminds us that God's Creation is a gift given to humankind. In return, we demonstrate our love for God, the Creator, by appreciating, respecting, and caring for our planet Earth. Believing there is a connection between caring for Creation and living our faith, Episcopalians everywhere are integrating Creation Care into their lives and liturgy.

In 1991, the 70th General Convention of the Episcopal Church passed a Resolution affirming our responsibility for the Earth in trust for this and future generations. Believing that Christian stewardship of God's created environment is in harmony with our respect for human dignity, the Church calls on us to live our lives as good stewards with responsible concern for the

sustainability of the environment and with appreciation for the global interdependence of human life and the natural world.

The Episcopal Ecological Network asks us to reflect upon environmental concerns by opening our hearts to Creation, by becoming aware of environmental issues and our responsibilities for causing and curing the problems, and by acting



in ways that protect, heal and honor God's Creation. This ministry calls congregations to seek education, model sustainable lifestyle choices, and organize for social change through environmental advocacy.

As stewards of Creation, we are being asked to reflect on our personal, institutional and societal values and behaviors in our use of God's Creation and to share with one another ideas for new ways of thinking and acting; ways that care for, protect and heal all interdependent parts of Creation. The call is for each of us as individuals and as congregations to reduce our consumption of energy and water, eliminate our use of toxics and reduce the waste we generate. Episcopalians are answering the call with our typical optimistic, yet practical, exuberance.

Right here at home, St. Mark's Cathedral has sponsored Earth Ministry study groups and Earth Day activities, coordinated greenbelt cleanup and restoration projects, switched their

(Continued on page 2)

(Continued from page 1)

coffee to a certified Fair Trade brand, and implemented energy savings strategies recommended by an energy audit of the cathedral.

Several dioceses around the country advocated the idea of "Going Green for Lent." The Episcopal Diocese of Massachusetts encouraged their parishioners to put themselves on a "carbon diet" for Lent. Parishioners responded by cutting back on driving, eating locally-grown foods, hanging their clothes on clotheslines instead of using the dryer, installing water-saving devices on plumbing fixtures and replacing incandescent light bulbs with CFL bulbs.

Grace Cathedral in San Francisco is becoming more energy efficient. The congregation is replacing old appliances with energy-star models, upgrading their heating and cooling system, replacing inefficient light fixtures and, even installing a solar panel on the cathedral.

Our responses do not have to expensive or

complex. Even little behavior changes like switching from Styrofoam coffee cups to ceramic mugs, buying earth-friendly cleaning and landscaping supplies, and reducing the size of the weekly and monthly bulletins all add up to make a difference.

Within the walls of our own St. Hugh Church, we will shed the Lenten veil and celebrate the resurrection of Christ on Easter morning. Outside, the bright sunshine will break through the gray clouds of winter. Like bulbs and tender tree shoots, we will emerge from the darkness of Lent with joy and hope. We will rise with Christ to newness of life. This Easter, may each of us connect with and care for God's Creation in meaningful, respectful and healing ways.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray. Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. Hear our prayer.

Book of Common Prayer

With love, from Kim McNamara

Information on the Census Worker Training

The U.S. Census worker training is coming to St. Hugh beginning Tuesday April 27th and finishing up Friday April 30th. All participants will enter and leave through the basement door. The class hours are from 9:30 AM until 5:00 PM, but the facility needs to be opened at 9:00 AM. We will have two shifts for volunteers each day: from 9:00 AM until 1:00 PM and from 1:00 PM until 5:00 (or a little after). The morning shift will be responsible for opening the church, turning off the security system and just being available if there are any questions. The afternoon shift will be responsible for making sure the census people have left the basement cleaned, then making sure lights are off, locking up both upstairs and downstairs and turning on the security system. For those of you who don't like to just hang out and read or meditate, the yard can always use your love and labor! If you would like to volunteer but need a key to the church and/or instructions on the security system, Garby will be delighted to supply key and enlightenment. There is a sign up in

the narthex. Cheryl Barnes-Wilson will be the "overseer for the week, so if you are unable to make your shift or have any questions, you can give her a call. Thanks for your help.

ECW Special Meeting.

April 12, Monday – 10:30

Guest Speaker: Dr. Don Lippincott

Don is our friend and neighbor from Grapeview, plus an EMT with Grapeview fire dept., and humanitarian.

Don has just returned from Haiti, where he volunteered his services as EMT, with the International Medical Assistance Team (IMAT), and will be giving us a presentation of the work and life saving efforts the team made. Don has done a lot of volunteering for many countries in need, including: Afghanistan, Nepal, India, and Guatemala.

Circle your calendar's for this important date and meeting: April 12,-10:30AM

Brenda Baunsgard

Caring for Creation This Easter Season

1. Check your doors and windows for airleaks and install weather stripping if needed.
2. Turn down your thermostat down 3 degrees in winter and up 3 degrees in summer.
3. Replace burned-out incandescent light bulbs with CFL bulbs.
4. Check your plumbing for leaks and repair as needed.
5. Run your dishwasher and clotheswasher with a full load; wash your clothes in the coolest water possible.
6. Take shorter showers or replace your shower fixture with a low flow shower head.
7. Turn off the water when you brush your teeth or shave.
8. As you run the water from the faucet to warm it up, catch the water in a bucket and use it to water plants, fill pet bowls or even fill your toilet.
9. Reuse something you would have thrown away.
10. Buy something from a second-hand store that you would have purchased new.
11. Go through your closets and donate unneeded household items or clothing to a local ministry, like St. Hugh's patio sale.
12. Use cloth napkins and dishrags at home instead of paper napkins and towels.
13. Stop drinking from disposable water bottles or cups. Bring your own reuseable water bottle or cup.
14. Carry a non-disposable bag with you to avoid using plastic grocery bags.
15. Avoid buying anything with extra packaging by buying in bulk.
16. Find out if your grocery store carries locally grown food and encourage them to supply more.
17. Shop locally. Challenge yourself to purchase items from businesses and vendors within 25 miles of your house. (Local farmers markets re-open in April!)
18. When giving a gift, give a service or a donation instead of a consumer product.
19. Buy "fair trade" coffee that is raised in a sustainable manner by farmers who are paid a fair price.
20. Skip eating meat once each week.
21. Learn about justice issues and food choices in Just Eating at www.pcusa.org.
22. Eat foods that are low on the food chain such as whole grains and vegetables, avoid heavily processed "junk food."
23. Say a prayer to God each time you take a meal. Think about where your food comes from and who helped to put it on your table.
24. Say a prayer to God each time you wash your hands and take water from the tap. Think about where your water comes from and where it goes when it flows out the drain in your sink.
25. Compost food scraps and yard waste and use the compost for gardening instead of sending it to the landfill. Learn more at www.howtocompost.org.
26. Plant some native trees and plants.
27. Recycle, recycle, recycle. Learn more about recycling in your county by visiting your county website.
28. Dispose of hazardous materials, like batteries, paint, motor oil and pesticides, properly.
29. Switch to environmentally friendly cleaning and landscaping products.
30. Research your personal care products to see if they contain toxic ingredients at www.cosmeticsdatabase.com.
31. Organize a carpool to attend a social, church or community event.
32. Cut back on your use of gasoline by organizing your errands to maximize your car trips.
33. Check your tire pressure to be sure your tires are properly inflated.
34. Unload extra weight in your car by emptying the trunk and backseat of unneeded items.
35. Take a walk and collect all the trash you see.
36. Celebrate God's Creation by glancing at the sky each time you go outdoors.
37. Focus on the miracle of Creation at least once a week by taking a few minutes to observe the signs of spring in the natural world.
38. Learn more about eco-justice for creation and all humans that live on Earth at <http://nccecojustice.org>.
39. Think about ways St. Hugh might join in the effort to care for Creation. Visit <http://ecusa.anglican.org>, www.greenfaith.org. and/or <http://earthministry.org>.
40. Participate in a community greenspace clean-up or restoration project.
41. Avoid apocalyptic environmental thinking and despair by focusing on the Good News that God creates, redeems, and sustains Creation and calls us to be responsible, thoughtful and loving caretakers alongside God.
42. Take a day of rest – no shopping, driving or working.

(Ideas inspired by Creation Care Ministry – Episcopal Diocese of West Tennessee)



St. Hugh Episcopal Church 2010 Holy Week Services

*Alleluia! Christ is risen!
Christ is risen indeed! Alleluia!*

Easter is Much More Than an Empty Tomb

Please join us for:

Holy Week 2010 Services at St. Hugh

Palm Sunday, March 28

10:00 am Procession and Eucharist

The crowd yelled "Hosanna!"

Celebration of the Palms

Reflective reading of the Passion

Festival Eucharist

Maundy Thursday, April 1

6:30 pm Labyrinth Walk

7:00 pm Eucharist and Garden Visit

"Do this in remembrance of me."

Contemplative Eucharist

Reflective time of prayer in the Garden.

Good Friday, April 2

6:30 pm Labyrinth Walk

7:00 pm A Time of Meditation and Reflection

"It is finished!"

Meditative Service and Experience the Last Seven Words of Christ

Easter Morning Sunday, April 4

10:00 am Celebration Eucharist and Baptism

"He is not here; he has risen!"

"The Light of Christ" Procession

Holy Baptism and Festival Eucharist

Jesus Christ has risen today! Hallelujah!

Servant Ministry and the Mystery of the Eucharist

Each Sunday we pray "give us our daily bread." Each Sunday we are invited to the table and receive the gift of Christ's body and blood. Maundy Thursday is the night when we spotlight this holy gift, the night when we celebrate the **institution of the Eucharist**. The readings for this service include the Gospel reading in John where Jesus washes the disciples' feet (which we sometimes have done.) Washing the feet was a common custom in Jesus' day as the roads were dusty and people wore sandals. It is not a custom today and many are uncomfortable with reenacting a practice which is not part of our daily living. So instead of having a foot washing, this year our emphasis on Maundy Thursday is on the wonder of the gift of the Eucharist.

Eating bread and drinking wine is part of our daily lives and Maundy Thursday emphasizes the servant

aspect of sharing in the bread and wine. It is a communal act reflecting our love for one another and our commitment to nurture and support one another in living out the image of Christ in our own bodies.

We invite you to gather at 6:30 on Maundy Thursday to walk the labyrinth in silent preparation for celebrating the gift of the body of Christ. The service will begin at 7 and we will commune one another as a symbol of our shared servant ministry. Then the altar will be stripped in darkness and silence after which we will move to the Garden of Repose for silent meditation.

You are encouraged to include the Maundy Thursday service as part of your preparation for Easter morn. Participation in all three services (Thursday, Friday, Sunday) deepens and enriches the gift of Christ to us.

Robin Moore

May News & Views deadline is Thursday, April 15

March News from the ECW

Our meeting took place March 8th at 10:30 AM.

After the usual business of minutes and treasurers reports were given and approved there was discussion on following subjects:

Sunny Cotey is our representative for the coalition of churches and will report back to us the dates we are to share in the dinners served at the Theler Center.

Easter Sunday service will have a light repast following the service, to be provided by Garby, and the Team. We need folks to sign up to help set up a few tables. Sign-up sheet will be in the Narthex.

We will be holding our Patio Sale during Allyn Days, July 17. Connie Ferguson and Pat Yingling will be co-chairpersons. Brooke has graciously volunteered to see to our publicity. It was also suggested that, those that do a lot of baking need not come to sort and tag items; just stay home and 'bake your little hearts out'! Let's try

to save ourselves for the big sale day.

Health permits are needed for the kitchen workers. Anyone interested contact JoAnna Meyer for information, or contact the Belfair Library, where the classes are held.

Our Spring Luncheon will be held on June 7th - 12 noon, at Gold Mountain Golf Course. Menu and Sign-up sheet and are in the narthex.

Donna Fisher has asked for the 'green thumbs' to start cuttings for the plant sale section of our July Patio Sale. Due to the hard winter in 08 we were short on plants last year. Hopefully we will have more plants this year, due to our temperate winter.

All ECW meetings will be on the 2nd Monday of each month at 10:30. One exception being the July meeting: to be held 1st Monday July 5th to firm up plans for the Patio Sale.

Looking forward to seeing you all at the next meeting in April.

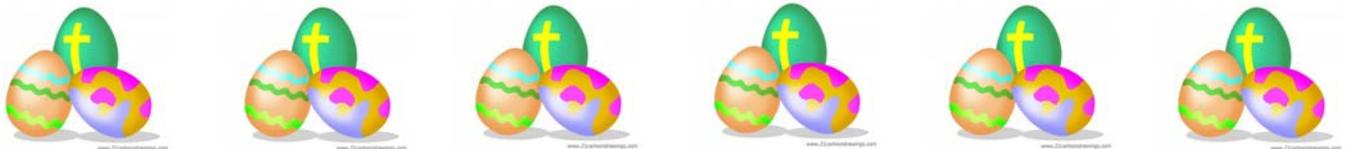
Brenda Baunsgard

Circle of Friends

I want to thank Ginny Wallace, Hazel Dinius, and Jinx Cromwell and all the others who helped hold down the fort at **Circle of Friends** while I was away. I know Ginny, Hazel and Jinx all had February birthdays so there was a birthday party. Sorry to have missed it girls – Many happy returns of the day. We had a small group March 16th. Ginny Wallace, Ginny Green, Doree Thompson and Virginia Thompson and I celebrated St Patty's day with Irish Soda bread. Virginia Thompson, who has begun mentoring a student at Evergreen School by listening to them read, brought her training notebook and shared with us some interesting information about how children learn to read. This simulated a conversation and some reminiscing about when and how we learned to read, our favorite books when we were children, and our library experiences. After lunch we all went "Bananas" with a new word puzzle game that Virginia brought for us to play. It was a fun day and a reminder of how pleasant it is to while away a few happy hours with good friends.

Our next meeting will be **March 30th** when we will die Easter Eggs for Easter Morning coffee hour and then go out for a movie. Anyone who would like to join us is welcome, there are no membership requirements except to come and enjoy friendship and some fun. We meet the **1st, 3rd and 5th Tuesdays of the month (which is a field trip day)**. **Bring a sack lunch, Coffee, Tea and dessert are provided.**

Christie Logan



Time to Submit applications for the Tod Pritchard scholarship fund:

When Tod Pritchard suddenly lost his life while attending Washington State University, the Pritchard family, their friends and their parishes started a scholarship fund in Tod's name. In addition, there have been contributions in Doug's memory. The income from the fund is distributed each year to a worthy student in an undergraduate or graduate study program. Winners of the scholarship may re-apply in subsequent years. The scholarship committee looks at the applicant's grade point average, the short essay, need and curriculum in determining a winner (or winners). The total amount given is approximately \$1,000, and may be divided equally between two deserving students, or given to a single student, at the committee's discretion. If any members of St. Hugh have family members or friends, who are attending colleges or universities, we invite you to ask them to apply for the scholarship. All applications must be in the committee's hands by April 15, 2010. There is an application attached to this newsletter. If you have any questions or would like additional applications, please contact one of the committee members.

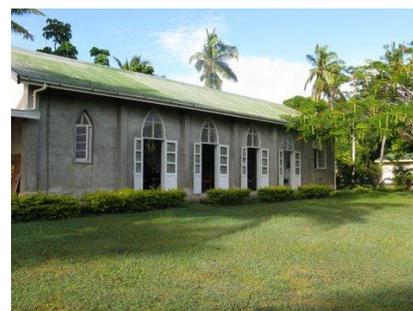
The Tod Pritchard Scholarship committee:

Sylvia Haase, Garby Elmore, Linda Niles, Jim & Wilma Neal

A Fiji Experience

February was vacation month for several folks from St Hugh who went searching sun and warmth in other parts of the country and world. Gina and Sylvia were in Palm Springs, Robin and Dick went to Hawaii, and Garby and I, following a week with family in California, journeyed to Fiji. It was a wonderful experience, definitely warm and relaxing, and it was fun to have Linda Niles arrive to spend the last week with us. We took in the Fijian culture, read a lot of books, spent too much time in the sun (according to Garby's dermatologist) and met some very lovely people who helped us just enjoy life and "just go with the flow."

The highlights of the trip were the people we met, especially Kanta and Paulini, the two gracious and gifted local massage therapists who's healing hands worked out our kinks, aches and stiffness with full body massages in little hut between the swimming pool and the Pacific ocean beach on the Denarau Island. There were many others including the elderly captain and the young man, who took us out to a reef to snorkel, and got us safely on board the boat and back to shore when the sea became suddenly restless; and the gentlemen who serenaded us most evenings at sunset. Prem was our wonderful cab driver, who took us to the outdoor Farmers' market and the meat market for groceries. He also took us to church on Sunday morning and then came back to take us to higher ground when services were cancelled due to the Tsunami alert. He took us to the "Mountain of the Sleeping Giants" where we worshiped while walking through tropical forest trails and the beautiful Orchid Gardens. There was also the charming new priest and his young family, two weeks new to St Christopher's Anglican Church, in a small residential village near the shore in Nadi. We had a little time to get a bit acquainted and share a prayer, before heading for higher ground. I am embarrassed that I do not remember his name, but we did enjoy our short time with him, his family and the folks from this lovely little church. *Christie Logan*





'Cream Sherry-Poppy Seed Cake' recipe so many of you asked me about.

1 pkg. yellow cake containing pudding mix
1/2 tsp. nutmeg
4 eggs
3/4 C Cream Sherry
1/2 - 3/4 C. vegetable oil
about 1/4 C. poppy seeds

Blend thoroughly by hand or beater - I spray my Bundt pan with vegetable oil, then dust it well with a combo of flour, sugar, & nutmeg. Sometimes I put nuts in the bottom. Bake in preheated oven at 350° for 45-50 min. After it is removed and cool, I dust with powdered sugar.

Any portion not eaten can be frozen. Eat and enjoy! JoAnna

St Hugh T-shirts

Anyone interested in a St. Hugh t-shirt, Roy Ferguson will be back early April and taking orders for shirts. It was suggested, at the March ECW meeting, that the 'worker bees' wear the St. Hugh t-shirts during the Patio Sale in July.

ECW Ladies:

We will be having a 'Spring Fling' Luncheon June 7th at the Gold Mt. Golf Club.

A tasty menu and sign-up sheet will be found in the Narthex. All items are priced at \$7.95 (does not include tax, tip, or beverage). More information will follow.

**ECW,
'Thank you for the get-well card'
Jinx**

Dear Members of St. Hugh,

I so appreciate your contribution to the ministry of St. Andrew's House. You truly did a wonderful thing.

Your \$300 donation will directly benefit the partnership we have with the Mission Creek Corrections Center for Women, Belfair, WA. During their work visits here, because of your generosity and the gifts of others we will provide them with home cooked and healthy lunches.

If you ever need our help with a charitable cause of your own, please let us return the favor. Again thanks so much for your generosity and loyalty to our cause!

Faithfully yours, Jeff Gruber

Need on Key Peninsula

Our Key Peninsula friends and Evergreen Elementary School in particular, could use a helping hand with filling the backpacks they distribute to kids. The children are given the backpacks discreetly to take home so they have food to eat over the weekend, and again during the summer....

The most obvious help we can give them is by donating kid-friendly food, or money with which to purchase food items. Foods must be shelf stable, easy to prepare, and nutritionally sound. Examples are Cup-of-Noodles, Fruit snacks, Peanut Butter, Jelly, Mac/Cheese, snack size raisins, Pudding cups. Other foods are being suggested, as well, and can be taken to the Key Peninsula Lutheran Church, or given to one of our members who live on the Key Peninsula, such as Linda Niles, who brought this to our attention.



Alma, Ardele, Barry & Vicki, Betty L., Bill Green, Bill Hardesty, Bill McCoy, Bill Munro, Bill Smith, Bill & Ann Munro, Brenda & Perry, Cheryl & Jack Moore,

Connie Elmore, Curt, David, Dede B., Dede Moore, DeVonne Wells, Dick Moore, Don & Ginny, Don Lippincott, Donna F., Doree, Dorothy Johnson, Douglas, Eileen & Carl, Erica Morgan, Molly & Unborn Baby, Eileen Weisensee, Baby Eleanor, Gail Brady, Gaye Dunn, Gretchen, Gwen R., Hilary Mahoney, Irene Goble, Jacob & Family, Janey Schmidli, Jerry Sexton, Jesse Thompson, Joan Niemann, JoAnn & Buzz Birkeland, Jon, Joseph & Deborah, Joseph L. & family, Kurt, Lela Reddy, Linda Maly, Lisa Thompson, Loren, Lou Hursley, Lucille, Mandy, Margaret B., Mary F., Matthew Thornhill, Mo, Patricia, Rupe & Fran B., Scott, Sheri Lamar, Stephanie Ochoa, Tami Wall,

the people of Haiti
the people of Chile

those who have died

Wayne Rusk, Cynthia, John Himle
Those who sacrificed their lives in service to their country

those who mourn

Vivian Rusk & Family, Ginny & Don Green & Family, Carol & Karen Kennedy & Family

Families of Servicemen & Women

those in service to our Country

Chris, Gary, Ian Larson, Jed, Nick, Richard, Tony Johnson, Justin Risko, Zach Riddle, Malcolm McDonald

April Lectionary Readings

April 4, Easter Day: Acts 10:34-43 or Isaiah 65:17-25, Psalm 118:1-2, 14-24, 1 Corinthians 15:19-26 or Acts 10:34-43, John 20:1-18 or Luke 24:1-12

April 11, 2nd Sunday of Easter: Acts 5:27-32, Psalm 118:14-29 or Psalm 150, Revelation 1:4-8, John 20:19-31

April 18, 3rd Sunday of Easter: Acts 9:1-6[7-20], Psalm 30, Revelation 5:11-14, John 21:1-19

April 25, 4th Sunday of Easter: Acts 9:36-43, Psalm 23, Revelation 7:9-17, John 10:22-30

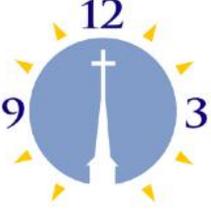
Celebrating a



Blakelynn McNamara-Townsend	4-2
Pat Yingling	4-9
Joseph Lindhartsen	4-11
Stacy Paterson	4-12
Garby Elmore	4-17
Brianna McNamara-Townsend	4-19
Bill Smith	4-22
Donna Fisher	4-29
Wes Peters	4-29

Please let us know of any birthdays we missed or listed incorrectly. Thank you!

APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>CHURCH OFFICE HOURS Wed. & Thurs. 10-2</p>				<p>1</p>  <p><i>Maundy</i> THURSDAY 10:30 Choir 6:30 Labyrinth 7:00 Service</p>	<p>2</p>  <p>GOOD FRIDAY 6:30 Labyrinth 7:00 Service</p>	3
<p>4</p>  <p>EASTER SUNDAY Palestinian Children Youth/Food Bank</p>	5	<p>6</p> <p>Circle of Friends</p>	7	<p>8</p> <p>10:30 Choir</p>  <p>Office Closed Today</p>	9	10
<p>11</p> <p>8:15 Class</p>	<p>12</p> <p>ECW</p>	13	14	<p>15</p> <p>10:30 Choir</p>  <p>Newsletter DEADLINE</p>	16	17
<p>18</p> <p>8:15 Class</p>  <p>HEALING SERVICE</p>	19	<p>20</p> <p>Circle of Friends</p>	21	<p>22</p> <p>10:30 Choir</p>	23	24
<p>25</p> <p>8:15 Class</p>  <p>Peace</p>	26	27	28	<p>29</p> <p>10:30 Choir</p>	30	<p>Census Training 9:30 - 5:00</p>

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email:
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website:
 www.sthughchurch.org

Sunday Worship 10:00 am

office hours
 Wednesday's & Thursday's
 10:00 am - 2:00 pm

April Schedule

	Presider	Preacher	Deacon	Eucharistic Ministers	Altar Guild	Flowers	Coffee Hour	Lectors
April 4 Easter	Jim	Robin	Sylvia		Helen Ginny W.			Lee G. Hazel
April 11	Christie	John C.	Sylvia		Ginny G. Brooke	Carol Robinson	Lucy DeVonne	Sunny C. Brenda
April 18	Robin	Kim M.	Sylvia		Helen Donna		Gin Deon	Barbara B. Cheryl
April 25	Christie	Dick	Sylvia		Cheryl Hazel	Bill Smith	Jinx Hazel	Kim M. Ginny W